IMPROVE YOUR CAREER DEVELOPMENT

# CAMINO PROGRAME

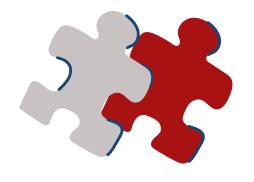
CSIC MENTORING PROGRAMME

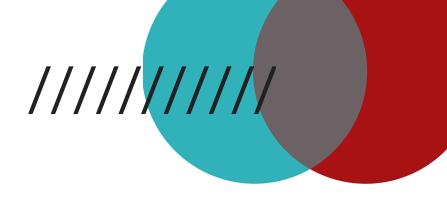












#### THAT'S A GOOD STORY!

The CSIC (Spanish National Research Council) launches the CAMINO programme (Career Mentoring Initiative for New Opportunities) for PhD students (mentees) interested in improving their career prospects.

We would like them to find inspiration and information to guide their careers into different working environments within and outside academia.

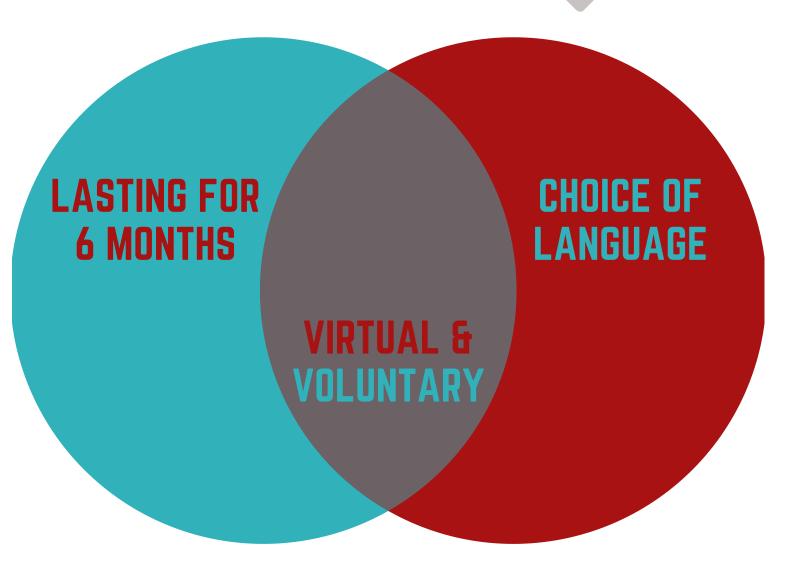
Through CAMINO, mentees will benefit from the experience, contacts and skills of professionals who will inform them about new career opportunities.

For six months, mentors, who have experience in scientific research and come from different professional backgrounds, will meet young researchers to discuss and advise them.

#### **FOCUS ON GOALS**

- ENABLE YOUNG RESEARCHERS TO BOOST THEIR CAREERS BY EXPLORING NEW OPPORTUNITIES
- SUPPORT YOUNG RESEARCHERS IN REFLECTING
  ON THEIR SKILLS

## PROGRAMME DESCRIPTION



BOTH MENTEES AND MENTORS WILL RECEIVE AN ONLINE MENTORING TRAINING

CAMINO PROGRAMME WILL BE BASED ON ACTIVE LISTENING AND EMPATHY, IN A CLIMATE OF TRUST, WITHIN A FRAMEWORK OF RESPECT AND CONFIDENTIALITY





#### **KEY ELEMENTS**

- Support young researchers reflecting about their career goals, skills and options.
  - from the academic world to a job in any professional field.
- in creating Assist mentees an • intergenerational and crosssectoral networking to help them boost their careers.
- Support mentees to find new professional opportunities through regular contact with highly qualified professionals.

Facilitate, guide and support the

transition of young researchers

- Improve the connection between -> Follow up of the training activities academia and business.
  - planned for the mentoring sessions.

#### **MEETINGS**

BOTH MENTOR/MENTEE TRAINING **MEETINGS AND** MENTORING **SESSIONS WILL BE VIRTUAL** 

#### **VOLUNTEER**

**WE SEEK TO ESTABLISH ALTRUISTIC PROFESSIONAL** RELATIONSHIPS

#### **CALENDAR TIME!**



MENTORS AND MENTEES REGISTRATION

**UNTIL MAY 15TH** 

MENTORS AND MENTEES MATCHING MENTORS AND

MENTEES TRAINING SESSIONS

**STARTING IN JUNE** 



PHASE 3

SEPTEMBER 2024FEBRUARY 2025

PROGRAMME IMPACT EVALUATION

CLOSING MEETING SPRING 2025





- Mentors will receive guidelines to facilitate the mentoring process.
- Mentors and mentees will be provided with specific online training.
- Mentors and mentees will meet once a month for six months.

  Recommended topics to be discussed:

CAREER OPTIONS
BEYOND
ACADEMIA

PROFESSIONAL ADVANCEMENT

KEY
TRANSVERSAL
AND
TECHNICAL...

CAREERS
DEVELOPMENT
NEEDS

CAREERS ASPIRATIONS COMPETENCES
AND SKILLS



Professionals from any work environment.

Employees with experience in scientific research.





CSIC young researchers mostly in the third year of their PhD and beyond.

Coming from all disciplines.

Proactive, open-minded and self-motivated.

MENTEE'S Profile









### HOW TO

**PARTICIPATE** 

MENTORS AND
MENTEES CAN
REGISTER
BETWEEN APRIL
4TH AND MAY
15TH

**VISIT OUR WEBSITE** 

DO YOU HAVE ANY QUESTIONS? CAMINO-CSIC@CSIC.ES







